



Registered Charity Number 1082309

VOLUNTEERS WANTED

Your Community Needs You!

Would you like to learn Emergency Life Support skills (CPR etc)?

Could you pass on these essential skills to people in your community? Are you over 18? Do you have a few hours to spare on an occasional basis? If so, then we need you!

We will train you, support you, pay your expenses and even offer you discounts with local businesses! Other volunteers are also needed to help with fundraising, to enable us to continue teaching these vital lifesaving skills to the public.

Herefordshire Heartstart is a voluntary organisation established in 1996. Heartstart is an initiative of the British Heart Foundation. We rely on volunteer instructors to deliver these **FREE** courses to the public.

For further information:-

Email: info@herefordshireheartstart.co.uk

www.herefordshireheartstart.co.uk

Tel: 0845 60 60 654